

# Theology for Everyday Life (PC221)

**Australian College of Theology name:** *Theology for Everyday Life*

## Unit Description

It is so easy for us to live in a way that is disconnected from our faith. What does it mean to follow God in every area of life? Integrate your faith with every activity, every relationship, and every context that affects our lives. Learn how to practise whole-life discipleship, applying the Bible to the everyday.

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## Learning Outcomes

On completion of this unit, you will:

### A. **Know and understand:**

1. The shape of everyday life
2. The social structures and culture of everyday life
3. The relationship of the gospel with everyday life
4. Methods of theological reflection on everyday life

### B. **Be able to:**

1. Identify: a) the elements of everyday life; and b) the effects of social structure and culture on everyday life
2. Describe the relationship between the gospel and everyday life
3. Use the methods of Christian reflection on everyday life
4. Present an evidence based theological reflection on everyday life

### C. **Be in a position to:**

1. Use perspectives from your theological studies in reflection on everyday life
2. Reflect upon everyday life from a Christian standpoint

## Content

A study of the various facets of everyday life as they are understood, deepened and transformed in the light of the Christian gospel.

### **Section A: Theological Reflection on Everyday Life**

A reflective study of the following broad themes in the light of the gospel:

1. The routine activities of daily life, including meals and eating, dress, greetings, transport, sleep and rest, hobbies.
2. The culture within which daily life is lived, including the use of time, the influence of radio, television and printed media, consumerism, sport, gender roles, sexual pressure.

3. Personal relationships, including friendship (with both men and women), family, colleagues, neighbours (in each case considering relationships with people within and beyond the faith).
4. Major social structures as contexts for ministry, including paid work, social security, schooling, housing, community and political involvement.

### ***Section B: Personal Reflection on Everyday Life***

5. Biography and spiritual autobiography as categories of Christian theology.
6. Prayer, meditation, and the practice of the presence of God in everyday life.
7. Personal beliefs and values; commitments and loyalties; the tensions between social solidarity and individual uniqueness.
8. The planning and management of personal ministry and development.

### ***Section C: Lay Ministry in Practice***

You are to undertake substantial autobiographical work (with supervised reflection), including the use of a journal, and a written review of your use of time.

#### ***Notes:***

1. Sections A, B and C are weighted approximately 40%, 30% and 30% respectively.
2. Although the emphasis in the unit is on personal life, group work is encouraged, particularly for Section C.