

Theology for Everyday Life (PC091-508)

Australian College of Theology name: *Foundations of Theology for Everyday Life*

Unit Description

It is so easy for us to live in a way that is disconnected from our faith. What does it mean to follow God in every area of life? Integrate your faith with every activity, every relationship, and every context that affects our lives. Learn how to practise whole-life discipleship, applying the Bible to the everyday.

Exclusions

Prior to 2020, this unit content was delivered under the unit code PC221.

Learning Outcomes

On completion of this unit, you will:

A. *Know and understand:*

Demonstrate foundational knowledge and understanding of theology for everyday life, including the methods and standards of professional, safe and ethical practice

B. *Be able to:*

1. Describe the relationship between the gospel and everyday life
2. Practise the methods of Christian reflection in everyday life
3. Present organised evidence-based perspectives on the theology of everyday life

C. *Be in a position to:*

Relate perspectives and skills from this unit to contemporary Christian living and ministry contexts

Content

A study of the various facets of everyday life as they are understood, deepened and transformed in the light of the Christian gospel.

Section A: *Theological Reflection on Everyday Life*

A reflective study of the following broad themes in the light of the gospel:

1. The routine activities of daily life, including meals and eating, dress, greetings, transport, sleep and rest, hobbies
2. The culture within which daily life is lived, including the use of time, the influence of radio, television and printed media, consumerism, sport, gender roles, sexual pressure

3. Personal relationships, including friendship (with both men and women), family, colleagues, neighbours (in each case considering relationships with people within and beyond the faith)
4. Major social structures as contexts for ministry, including paid work, social security, schooling, housing, community and political involvement

Section B: Personal Reflection on Everyday Life

5. Biography and spiritual autobiography as categories of Christian theology
6. Prayer, meditation, and the practice of the presence of God in everyday life
7. Personal beliefs and values; commitments and loyalties; the tensions between social solidarity and individual uniqueness
8. The planning and management of personal ministry and development

Section C: Lay Ministry in Practice

You are to undertake substantial autobiographical work (with supervised reflection), including the use of a journal, and a written review of your use of time.

Notes:

1. Sections A, B and C are weighted approximately 40%, 30% and 30% respectively.
2. Although the emphasis in the unit is on personal life, group work is encouraged, particularly for Section C.