

# Practical Discipleship and Mentoring (PC112-508)

**Australian College of Theology name:** *Foundations of Christian Mentoring*

## Unit Description

Jesus' final command to his followers was to 'make disciples' (Matthew 28:19-20). How do we equip others for ministry and leadership? What are some of the tools of spiritual formation that we need? This unit will give you the practical skills and knowledge you need to make a tangible difference in the spiritual growth of others.

## Exclusions

Prior to 2020, this unit content was delivered under the unit code PC255.

Unit exclusions: PC011-508 (formerly PC254)

---

## Learning outcomes

On successful completion of this unit, you will

### A. **Know and understand**

Demonstrate foundational knowledge and understanding of Christian mentoring, including the methods and standards of professional, safe and ethical practice

### B. **Be able to**

1. Outline a vision for mentoring others into maturity
2. Define the dynamics of mentoring relationships
3. Demonstrate basic interpersonal skills in mentoring
4. Present organised evidence-based perspectives on Christian mentoring

### C. **Be in a position to**

Relate perspectives and skills of this unit to ministry contexts

## Content

**Section A: Biblical, theological and contemporary theoretical perspectives.** (Learning Outcomes: A, B1, B2, B4)

1. Biblical and pastoral perspectives on relationships
2. Biblical and pastoral perspectives on Christian discipling / mentoring
3. Case study: professional mentoring in workplaces

**Section B: Skills and methods in mentoring** (Learning Outcomes: B1, B2, B3, B4)

1. Skills and qualities of disciplers / mentors
2. Skills practice: pastoral questioning and active listening

**Section C: Skills Practice** (Learning Outcomes: B1, B2, B3, B4)

1. Conducting a mentoring session
2. Skills practice: conducting a mentoring session

**Section D: Developing a Mentoring Program** (Learning Outcome: C)

1. Developing a program within a church community
2. Training programs to develop disciplers / mentors

**Section E: Action Reflection and Continuous Learning** (Learning Outcomes : A, B1, B2, B3, B4, C)

1. Reviewing our own performance and impact
2. Common pitfalls and problems
3. Supervision and mentoring